

Choosing the correct size

Proper fit ensures effective heel offloading

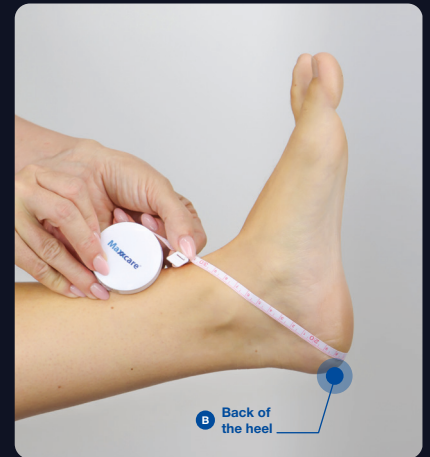
Step 1

Measure the patient

Measure from the **front of the ankle** (where the shin meets the foot) to the **back of the heel** (slightly under the heel).



Scan the QR code for the **instruction video**



Step 2

Compare with the size guide

Size	Heel measurement
Small (S)	< 35 cm < 14 in.
Standard (ST)	35 - 43 cm 14 - 17 in.
Extra Large (XL)	≥ 43 cm ≥ 17 in.

Step 3

Select the correct boot

Choose the size that matches your measurement to ensure proper offloading, comfort and optimal redistribution.

If measurement is between sizes, **choose the larger size for best fit.**



Measuring tips



1. Use a soft measuring tape

Flexible tape provides the most accurate measurement



2. Follow the contour under the heel

Ensure the tape follows the natural curve underneath the heel



3. Patient position

Measurements should be taken with the patient in a supine or slightly flexed position



4. Between sizes

Always choose the larger size for the best offloading and optimal fit

Clinical tip



Selecting the correct size is essential for effective heel offloading. Proper fit helps maximize pressure redistribution, maintain heel suspension and improve patient comfort. An incorrectly sized boot may reduce offloading performance.